



SUMMER
*Sunrise
Beach Yoga*

May 26 – Sept. 4

**Mon – Wed – Fri
6am – 7am**

**Beach Off Garfield Parkway
(south beach entrance)**

\$15/person

All Levels / Ages • Bring A Beach Towel

Look For Our Yoga Flag

weather permitting

YEAR-ROUND
*Private
Yoga Classes*

AT THE BEACH

**Can't make our sunrise classes?
Looking for a memorable activity
to include in your schedule?**

Our private classes are great for any event
or occasion & any time of the year —
& can be a fun experience for your group.

Classes can be tailored to your groups' requests,
(yoga flow, slow flow, yoga for beginners,
restorative, sound bath, meditation & more).

**For more info or to request a class,
visit our website or email us.**



Bethany Beach Yoga

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